

## Rail Itineraries - Brighton day trip



[Brighton day trip](#) 

Brighton is one of Britain's most exciting coastal cities, full of culture, great shopping, and surrounded by the magnificent countryside of the South Downs - perfect to explore with our 1 day itinerary.

For short trips, like this one, individual rail tickets can be booked in advance through [the Trainline](#). For longer journeys, one of the easiest and most relaxing ways to explore Britain is with a [BritRail](#) Pass, which allows unlimited journeys and the freedom to explore.

## Getting to Brighton

Brighton is just an hour's journey from London by train. Trains run regularly from London Victoria, London Bridge and London St Pancras International.

## Things to do In Brighton

### Royal Pavilion

King George IV's magnificent pleasure palace is known, rather understatedly, as Brighton Pavilion. Built with grand Indian-style architecture on the outside, its interior is decorated like a Chinese palace, with golden dragons and brilliant colours. A guided tour will reveal its fascinating history. The Pavilion is a 10 minute walk from Brighton station.



### Brighton Sea Life Centre

Home to sharks, stingrays, seahorses, turtles and more, the SEA LIFE Centre is the perfect place to learn all about life underwater, conservation and the animals' feeding habits. It is just 10 minutes from the train station on foot.

[Book on the Visit Britain shop](#) 

### British Airways i360

One of the best views of Brighton can be found at the top of the futuristic BA i360, the world's tallest moving observation tower. Soaring 138 metres, the tower's glass viewing pod boasts views of Regency Brighton, the beautiful landscapes of the South Downs and, on a clear day, all the way to Beachy Head, the Seven Sisters and the Isle of Wight.

[Website: British Airways i360](#) 



## Where to eat fish and chips




### The Regency

Being by the sea, Brighton's just the place to sample the popular British meal: fish and chips! The Regency is one of Brighton's oldest restaurants: opening in the 1930s. Prior to that the building was the home of Harriet Melon, one of the richest women in Europe. It serves seafood of all kinds, from traditional fish and chips to some more adventurous fare. The Regency is a 20 minute walk from Brighton station.

[Website: The Regency](#) 

### The Dorset


A top spot for people watchers and people who love to be among the hustle and bustle, the Dorset is right in the heart of Brighton's lively North Laine. It's a great place to grab some fish and chips, mezze or traditional pub food along with a pint of local ale. The Dorset is a 5 minute walk from Brighton station.

[Find out more about The Dorset](#) 



### Palm Court Restaurant

With a prime position on Brighton Pier, Palm Court is considered 'the spiritual home of fish and chips'. Visitors should keep an eye out for the local seagulls though, who are particularly partial to fish and chips. Palm Court is a 15 minute walk from Brighton station.

[Website: the Palm Court Restaurant](#) 



## Britrail Pass

For those exploring Britain by train, a BritRail Pass is the easiest and most cost-effective way to travel. For a single fixed price, pass holders can make unlimited train journeys around the whole country or a region of their choice. BritRail tickets are exclusive to overseas visitors so they will need to buy their ticket before they arrive in the UK.

[Book on the Visit Britain shop](#) 