


Food & Drink in Edinburgh, Glasgow & Fort William – 5 day itinerary



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5 Days 

This itinerary takes in Scotland's two major cities - Edinburgh and Glasgow - and also some iconic attractions, including an impressive castle, giant sculptures inspired by mythology, and the 'World's Greatest Railway Journey'. What better way to combine sampling the largest collection of Scotch whisky in the world, visiting one of the country's best-loved breweries and enjoying fantastic seafood while sitting by some of Scotland's most picturesque lochs?

Getting around

For short trips, individual rail tickets can be booked in advance through [the Trainline](#). For longer journeys, such as this one, one of the easiest and most relaxing ways to explore Britain is with a [BritRail](#) Pass, which allows unlimited journeys and the freedom to explore. The [BritRail Spirit of Scotland Pass](#) is the easiest way to travel around Scotland by rail.

Day 1 The Scotch Whisky Experience & Edinburgh sightseeing bus tour

Scotch Whisky Experience - Gold Tour

This food and drink itinerary starts in Edinburgh. No trip here is complete without a visit to the Scotch Whisky Experience - home to the world's largest collection of this amber nectar.

The Gold Tour gives the chance to view the collection and to learn about the production of the spirit from the comfort of a whisky barrel ride. All participants will become members of the Scotch Whisky Appreciation Society and, assisted by experienced guides, will compare and contrast four regional single malts whilst relaxing in the beautiful McIntyre Gallery. By the time they leave they will be able to sip like a true connoisseur!

For the true whisky enthusiast, the Morning Masterclass allows an extended guided viewing of the whisky collection over coffee and shortbread. A fun sensory perception test then prepares for a comparative tasting of one blend, one single grain and two single malt whiskies, and the nosing of a new-make spirit.

Both experiences include a complimentary boxed crystal whisky tasting glass.



Tour details

Min-Max capacity:	Min 1, Max 25 per tour. Larger groups can be accommodated on request.
Frequency:	Daily from 10.20am - tours run every 20 mins throughout the day. * (Duration 1.5 hours). Please see website for opening times.
Private tours:	On enquiry, Min 10 participants
FIT or Groups:	FIT or groups.
Translation:	Tours available in 18 languages including Mandarin and Cantonese

*Trade rates available for tours departing before 12 noon

[Website: Scotch Whisky Experience - Gold Tour](#) 

Scotch Whisky Experience - Morning Masterclass

Tour details

Min-Max capacity:	Min 1, Max 16 (please book in advance over phone for a group this size)
Frequency:	Daily at 10am only (Duration 1.5 hours)
Private tours:	On enquiry, Min 10 participants
FIT or Groups:	FIT or groups.
Translation:	This tour is available in English only.

[Website: Scotch Whisky Experience - Morning Masterclass](#) 

City Sightseeing - Edinburgh Bus Tour

After a hearty lunch at one of the many fine pubs and restaurants near the Royal Mile, it's time to explore the city - the easiest and most convenient way being with a City Sightseeing hop-on, hop-off bus tour.


Major attractions along the route include Edinburgh Castle, the National Museum of Scotland and the Palace of Holyroodhouse - all brought to life with informative audio guides available in nine different languages, and with a dedicated *Horrible Histories* commentary for kids.

Tickets allow unlimited travel for 24 hours.


Tour details

Min-Max capacity:	1/50+
Frequency:	Daily from 9am, tours run at least every 15 mins. Please check website for final bus times
Private tours:	Please contact to arrange.
FIT or Groups:	FIT or groups.
Translation:	Available in French, German, Portuguese, Spanish, Italian, Russian, Japanese and Mandarin Chinese.

Overnight in Edinburgh.

[Website: Edinburgh Bus Tour](#) 

Day 2

The Kelpies, Stirling Castle & Eat Walk Glasgow food tours 

The Kelpies

On the second day, it's an early start for Glasgow, but not before stopping at one of Scotland's most iconic sites.

Just over an hour's drive out of Edinburgh, on the way to Glasgow, are the magnificent equine sculptures known as The Kelpies. A half-hour guided walking tour explores the vision of artist Andy Scott and demonstrates how his 30 metre high designs were inspired by the history and industry of the region.



Tour details

Min-Max capacity:	N/A
Frequency:	Tours run daily every 30 mins from 11am - 4pm
Private tours:	Please contact to arrange
FIT or Groups:	FIT or groups.
Translation:	Not available

*Trade rates available for tours departing before 12 noon.

[Website: The Kelpies](#) 

Stirling Castle

An alternative option is a visit to one of the largest and most impressive castles in Scotland - Stirling Castle - which is just an hour from Edinburgh by train. After storing luggage at the nearby bus station, it's just a taxi or a 15 minute stroll through the medieval town up to Castle Hill.

Most of the principal buildings of the fortress date from the 15th and 16th centuries and, before the union with England, Stirling Castle was a frequently used royal residence. Several Scottish kings and queens were crowned at Stirling, including Mary, Queen of Scots, in 1542.



Tour details

Min-Max capacity:	N/A
Frequency:	Open daily from 9.30am. Last entry at 5.15pm April - September, 4.15pm October - March
Private tours:	Please contact to arrange
FIT or Groups:	FIT or groups.
Translation:	Audio tours in 7 languages

[Website: Scotch Whisky Experience](#)

Eat Walk Glasgow food tours

In the afternoon or evening, a guided food walking tour through the historical heart of the city with Eat Walk Glasgow, is a great way to sample food and drink at some of the city's best restaurants, bars and shops. Participants will also have the chance to learn about the history of the city, meet local people who are passionate about food and drink, and discover interesting city sights and other places to visit when the tour is over.

Tour details

Min-Max capacity:	1/15 (Max 8 can be booked on booking platform, please contact to book more than 8 on a scheduled tour)
Frequency:	Monday to Saturday - 2pm Monday to Thursday - 5pm
Private tours:	For parties of four or more, tours can be arranged outside scheduled tour times.
FIT or Groups:	FIT or groups.
Translation:	Tours available in Spanish, French or German for groups of 4 or more.

Overnight in Glasgow.

[Website: Eat Walk Glasgow](#)

Day 3

VIP Scottish food tour on the banks of Loch Lomond

VIP Scottish food tour

Today's full day VIP food tour is curated by Scotland's World Food Travel Association Ambassador, Brenda Anderson.

This gastronomic and cultural tour includes a VIP insight and tasting of smoked salmon as guests of the Colquhoun Clan at their local smokehouse restaurant on the banks of Loch Lomond. A seafood lunch plucked straight from Scotland's largest sea loch and a visit to Downton Abbey's fictional 'Duneagle Castle*', is also included. And if that's not enough, it's also a great chance to soak up some breathtakingly beautiful Scottish scenery, whilst being entertained with some legendary and hilarious tales of the past!

*see supplier information below



Tour details

Min-Max capacity:	Max 15
Frequency:	Wednesdays from September 2017 *November - March: the Castle Experience will be replaced by a Whisky Experience
Private tours:	Please contact to arrange
FIT or Groups:	FIT or groups.
Translation:	Guides welcome

[Website: Tasting Scotland](#)

Tennent's Training Academy

A visit to Tennent's Training Academy offers a range of options for a visit - from attending one of over 40 cookery classes at Tennent's Training Academy (scheduled or bespoke), to a brewery tour and tasting at Wellpark Brewery, home of Tennent's beer. A new tour goes behind the scenes to learn about the rich heritage of one of the country's most beloved brands, as well as the production processes that have taken place at Wellpark for more than 450 years.

For real beer enthusiasts (or keen novices) there is the option of following up the tour with a 2 hour Beer Tasting Masterclass - during which one of the Academy Bar Trainers will take participants on a journey through history as told by the beers, and brewers, of the world.

With a laid-back guided tasting, participants can sample and learn more about a range of different beer styles, their flavours, food pairings, and the history behind the pint.



Tour details

Min-Max capacity:	Min 6, Max 20 for scheduled classes Min 12 for private groups
Frequency:	Please check online calendar for class schedule and options
Private tours:	Please contact to arrange
FIT or Groups:	FIT or groups.
Translation:	Not available

[Website: Tennents Training Academy](#)

Tour details

Min-Max capacity:	Max 18 for scheduled tours Min 4 Max 12 for Beer Masterclasses Larger groups possible for private tours
Frequency:	Scheduled tours - (Approx 1 hr 15 mins) Monday - Friday: 10am, 12 noon, 2pm, 4pm and 6pm Saturday: 11am, 12 noon, 2pm, 4pm and 6pm Sunday: 12 noon, 2pm and 4pm Beer Masterclasses: Alternate Fridays 4pm (4 hours)
Private tours:	Please contact to arrange
FIT or Groups:	FIT or groups.
Translation:	Not available

[Website: Tennent's Brewery Tour](#)

In the evening your clients will say goodbye to Glasgow and catch the train to Fort William.

Overnight in Fort William.

Fort William to Mallaig by steam train - The Jacobite

Fort William is situated in the Western Highlands. Known as the 'Outdoor Capital of the UK', it is a haven for hiking and climbing, primarily due to its proximity to Britain's highest peak: Ben Nevis. It is also one end of both the West Highland Way (Milingavie to Fort William) and the Great Glen Way (a walk/cycle way between Fort William and Inverness). The town has many fine pubs serving local ale and whisky, and great seafood can be found down by the ferry landing.

Fort William is also the starting point of the 'World's Greatest Railway Journey' - Fort William to Mallaig - a route that traverses the Glenfinnan Viaduct and is now recognised the world over thanks to the Harry Potter films. Riding on the famous Jacobite Steam Train is a great way to enjoy this beautiful journey.

On reaching Mallaig, it is possible to continue the adventure by getting a ferry across to the Isle of Skye, or by taking the train back to Fort William.



Tour details

Min-Max capacity:	Min 1
Frequency:	Please check website for latest schedules
Private tours:	Please contact to arrange
FIT or Groups:	FIT or groups.
Translation:	Not available

[Website: Jacobite Steam Train](#)

BritRail

For those exploring Britain by train, a BritRail Pass is the easiest and most cost-effective way to travel. For a single fixed price, pass holders can make unlimited train journeys around the whole country or a region of their choice. BritRail tickets are exclusive to overseas visitors so they will need to buy their ticket before they arrive in the UK.

[Book on the Visit Britain shop](#)